



NEWARK KENPO KARATE

featuring: American Kenpo Karate



CLASS SCHEDULE: Fall 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					L'IL DRAGONS & Jr. W-Y-O 10:00 – 10:45
					Jr. SPARRING 10:45 – 11:30
	ADULT ALL LEVELS 1:00 – 2:00		ADULT ALL LEVELS 1:00 – 2:00		Jr. PU BL GR BR 11:30 – 12:15
					TEENS/ADULT ALL LEVELS 12:30 – 1:30
Jr. WH YE OR 4:30 – 5:15		TIGER CUBS & L'IL TIGERS 4:30 – 5:15	L'IL DRAGONS & Jr. WH YE 4:30 – 5:15		
Jr. SPARRING 5:15 – 6:00	Jr. PU BL GR 5:15 – 6:00	L'IL DRAGONS & Jr. W-Y-O 5:15 – 6:00	TIGER CUBS & L'IL TIGERS 5:15 – 6:00		
Jr. PU BL GR 6:00 – 6:45	L'IL DRAGONS & Jr. W-Y-O 6:00 – 6:45	ADULT WH YE OR PU 6:00 – 7:00	Jr. OR PU BL GR 6:00 – 6:45	SPECIAL SEMINAR CLASSES 6:30 – 8:30 (Check at desk for more info)	
TEENS PU BL GR BR ADV. JR. BR 7:00 – 8:00	ADV. JR/TEENS Demo Team & WEAPONS 7:00 – 8:00	ADULT SPARRING 7:00 – 8:00	TEENS PU BL GR BR ADV. JR. BR 7:00 – 8:00		
ADULT BL GR BR BLK 8:00 – 9:00	ADULT WH YE OR PU 8:00 – 9:00	ADULT BL GR BR BLK 8:00 – 9:00	ADULT WH YE OR PU 8:00 – 9:00		
OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	INST. CLASS (First Fri. of the month)	

Tigers & Dragons – ages 3 – 6 Jr. Classes – ages 7 – 12 Teens/Adult Classes – ages 13 and up
 120 Peoples Plaza, Newark, DE 19702 (302) 836-1557